GIST

Pre-Operative Treatment & Surgical Approaches

Fritz C. Eilber, M.D. Director UCLA – JCCC Sarcoma Program Professor of Surgery Professor of Molecular & Medical Pharmacology UCLA Division of Surgical Oncology Brian E. Kadera, MD UCLA – JCCC Sarcoma Program Assistant Professor UCLA Division of Surgical Oncology





Eilber

- UCLA GIST History
- General Principles of GIST Surgery
- Pre-Operative (Neoadjuvant) Therapy

Kadera

Laparoscopic / Minimally Invasive GIST Surgery





Open versus laparoscopic incisions







CT image of small exophytic gastric GIST



CT images courtesy of Camilo Correa, MD





Laparoscopic identification of small gastric GIST





David Geffen School of Medicine



Minimally invasive treatment of GIST



- Decreasing morbidity of surgery
 - Small incisions, faster recovery
 - Less blood loss
- Technical concerns
 - Size
 - Location
 - Tumor rupture
 - Role of preoperative imatinib?





CT image of small duodenal GIST



SMA = superior mesenteric artery SMV = superioer mesenteric vein





Open approach to dudodenal GIST







Laparoscopic versus open treatment of GIST

- Meta-analysis of 28 studies comparing laparoscopic versus open technique
 - Mean tumor size = 4.54 cm lap group (n = 1,000 patients)
 5.67 cm open group (n = 1,169 patients)





Ye et al. PLoS ONE 12(5):e0177193. 2017.



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Robotically-assisted approach to GIST







Robotically-assisted approach to gastric GIST







Robotically-assisted approach to duodenal GIST



Video courtesy of Mark Girgis, MD





Minimally invasive treatment of GIST



Photo courtesy of Mark Girgis, MD

- Summary
 - Laparoscopic technique is safe in well-selected cases
 - Smaller tumor size
 - Accessible location
- Areas of research
 - Safety of robotically-assisted approach
 - Increased dexterity at the expense of tactile feedback
 - Preoperative treatment with imatinib reduce risk of tumor rupture?



