

# the NIH Pediatric & Wildtype GIST Clinic

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# DISCLOSURES

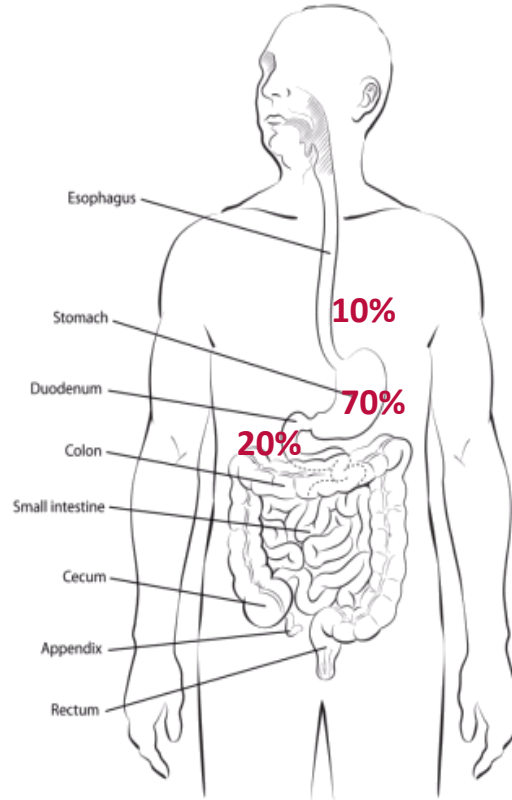
**No financial relationships of commercial interest**

# OBJECTIVES

1. Overview of NIH Pediatric and Wild-Type GIST Clinic
2. Overview of findings and contributions
3. Highlights
4. Future Considerations

# Gastrointestinal Stromal Tumors: GIST

- Most common mesenchymal neoplasms of the gastrointestinal track; but fewer than 1% all GI tumors
- Originates in the Interstitial Cells of Cajal (smooth muscle pacemakers)
- Introduced as a diagnostic term in 1983
- KIT mutations described in 1998

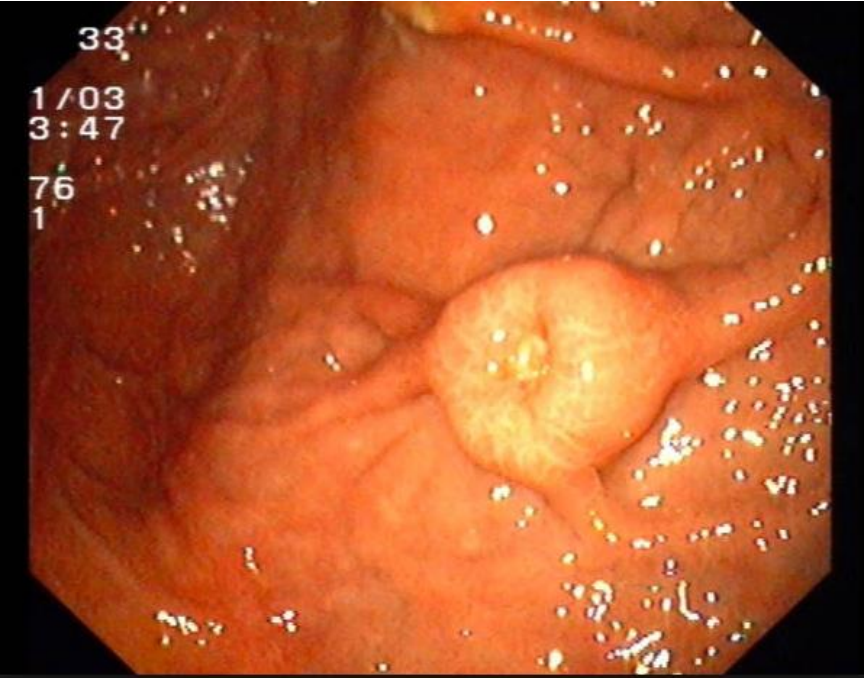


## PRESENTATION:

Anemia  
Pain  
Obstruction  
Fatigue  
Early Satiety  
Incidental Finding

# GIST

Stomach

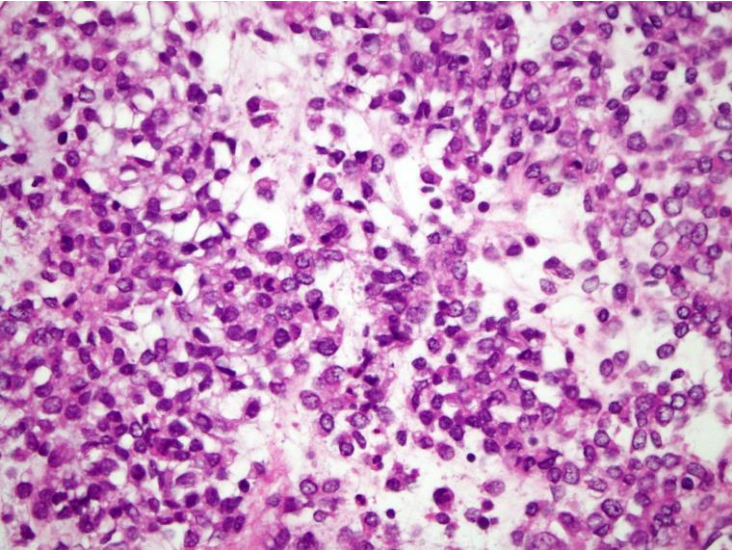


Small Bowel

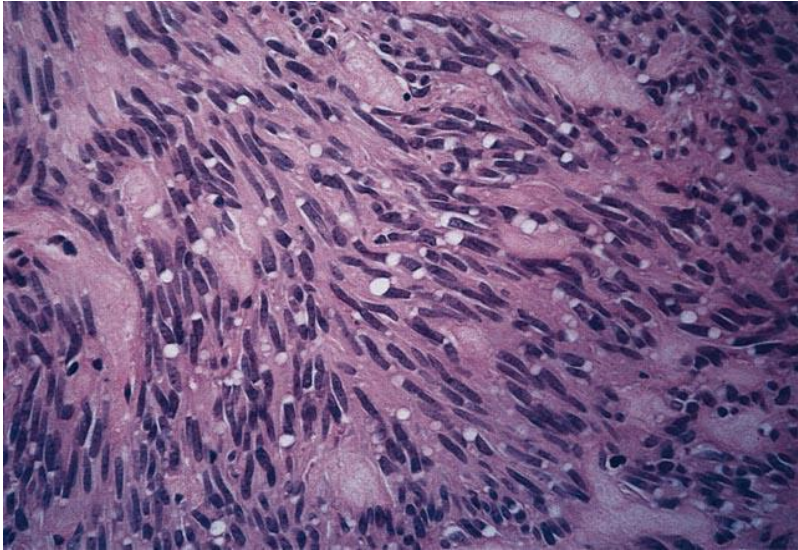


# Gastrointestinal Stromal Tumors: GIST

Epithelioid



Spindle cell



# Gastrointestinal Stromal Tumors: GIST

85%: mutations in KIT

10%: mutations in PDGFRA

→ SURGERY, TKIs

**5%: “other”**

wildtype, young patients...

## Once upon a time...

- The NIH Pediatric and Wild-Type Clinic was established in 2008







# the NIH Pediatric & Wildtype GIST Clinic

Established 2008



Children's Hospital Boston  
The first place for children

THE UNIVERSITY OF TEXAS  
MD ANDERSON  
CANCER CENTER  
Making Cancer History\*



NATIONAL  
CANCER  
INSTITUTE



DANA-FARBER  
CANCER INSTITUTE



Eunice Kennedy Shriver  
NICHD  
National Institute of Child Health  
& Human Development



FOX CHASE  
CANCER CENTER



St. Jude Children's  
Research Hospital  
ALSAAC - DANNY THORNTON, FOUNDER  
Finding cures. Saving children.

National Human  
Genome Research  
Institute



HUNTSMAN  
CANCER INSTITUTE  
UNIVERSITY OF UTAH

Peter Mac  
EXCELLENCE INNOVATION COMPASSION



National Institute of Dental  
and Craniofacial Research



# Our Clinic

## ***Multidisciplinary***

Pediatric Oncologists, Medical Oncologists, Pediatric Surgeons, Geneticists, Endocrinologists, Genetic Counsellor, Pathologists, Radiologists, Psychologists, Behavioral Therapists, Nurses, Nurse Practitioners, Nutritionists, Dermatologists, Pain Specialists, Care Coordinators...

## ***Multi-Institutional***

National Cancer Institute / Clinical Center / NICHD, Dana Farber Cancer Institute / Boston Children's Hospital, Fox Chase Cancer Center, St. Jude Children's Research Hospital, Memorial Sloan Kettering Cancer Center, Huntsman Cancer Institute, Children's Hospital Los Angeles, Sylvester Comprehensive Cancer Center, and others...

## ***Embraced a Collaborative Model***

Within and across specialists, institutions and community organizations

## ***Reached out to patients, physicians and advocates***

# Findings

The vast majority (84%) of the “wild-type” GISTs are **SDH deficient**

75% SDH mutations

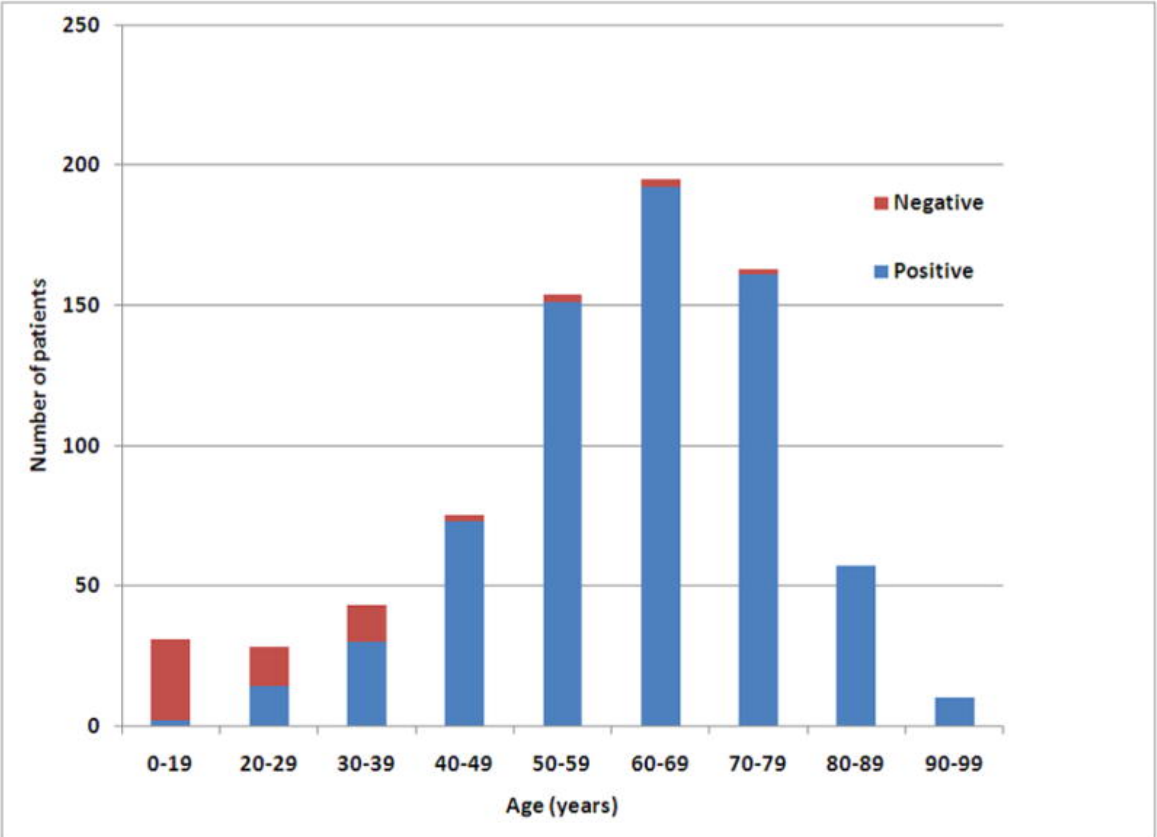
25% SDHC promoter hypermethylation

Other molecular features are “**rare**” but increasingly being described: NF1, BRAF, ARID1A, ARID1B, CBL, PIK3CA, HRAS, NRAS, KRAS, FGFR1, MAX, MEN1, fusions (ETV6-NTRK and others)

Often an indolent disease: **most patients survive with disease progression**. No improvement seen with extensive surgical resections. Intractable pain, obstruction and bleeding remain considerations for surgical intervention.

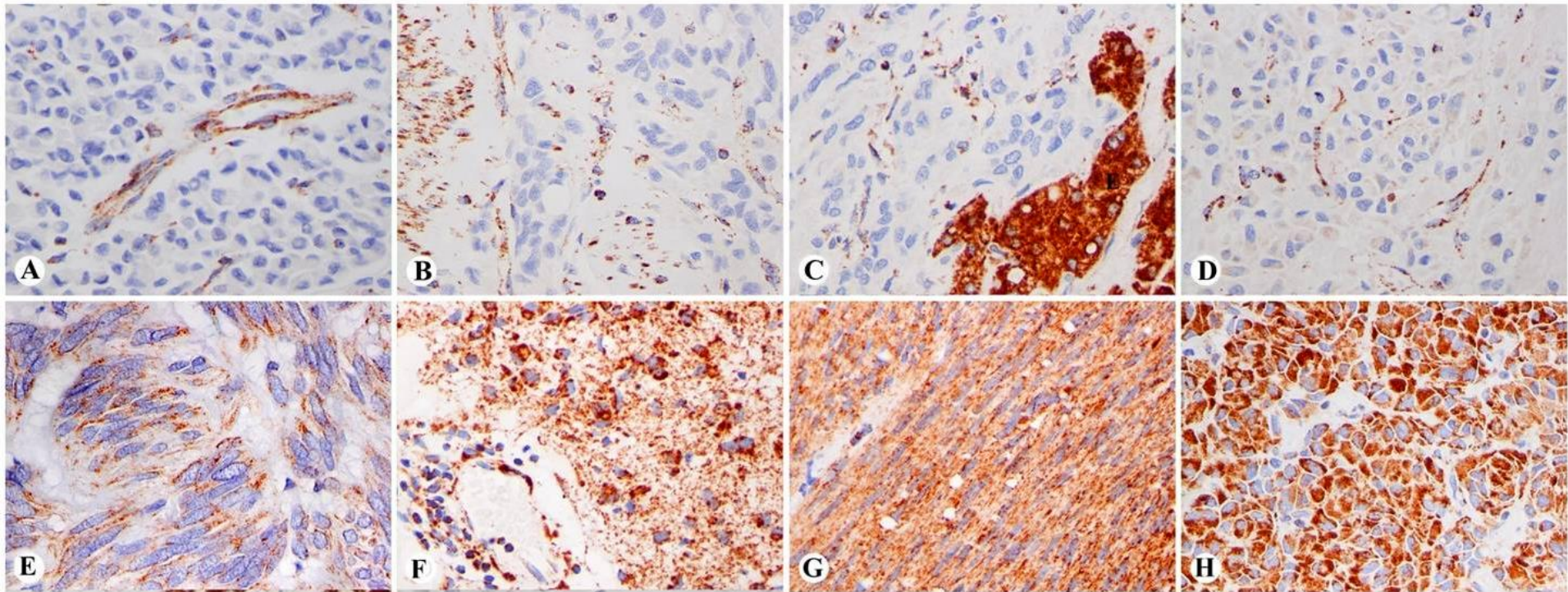
***This approach to improve outcomes in rare diseases works...!***

# Frequency of SDHB-negative and SDHB-positive gastric GISTs as a function of age



Miettinen et. al  
Am J Surg Pathol. 2011





Examples of **immunohistochemically SDHB-negative and SDHB-positive gastric GISTs**. A to D, SDHB-negative cases with staining limited to blood vessels, lymphohistiocytic infiltration, smooth muscle, or hepatocytes. C, Liver metastasis with positive hepatocytes. Note a faint cytoplasmic blush in panel D. E to H, SDHB-positive spindle cell and epithelioid GISTs with granular cytoplasmic staining of various intensities in tumor cells and vessel walls

# Findings

- Best screening tool is **SDHB IHC**
- Critical importance of molecular characterization
- Most SDH mutations are **GERMLINE**
  - Implications for genetic counseling
- SDH Deficient GISTs are overwhelmingly **gastric** in location and most are **multifocal** and/or metastatic at presentation (only one small bowel SDH deficient GIST)
- Poor response to imatinib; definite responses to sunitinib and regorafenib - likely due to effects on VEGF
- Other trials (linsitinib, vandetanib) have been negative
- Guadecitabine trial ongoing

# Findings

*This approach to improve outcomes and improve knowledge in rare diseases works*





# Highlights

- Collaboration
- Genetic Testing and Counselling
- SURGICAL strategy
- Models
- Awareness

# Awareness: leveraging social media platforms



## FACEBOOK LIVE EVENT

Live from the NIH GIST Clinic



FERNANDA ARNALDEZ, M.D.  
NATIONAL CANCER INSTITUTE



MARGARET VON MEHREN, M.D.  
FOX CHASE CANCER CENTER



BECKY OWENS  
GIST SUPPORT INTERNATIONAL

June 19, 3:30 pm ET

# Future Considerations

Mission of the NIH Pediatric and Wild-Type GIST Clinic: improving outcomes, quality of life, empowering patients and families

Consortium: how to better serve the GIST community

This model to be implemented in other rare malignancies in the context of the Moonshot<sup>®</sup> Initiative

Future clinical trials based on model-generated data: how to optimize





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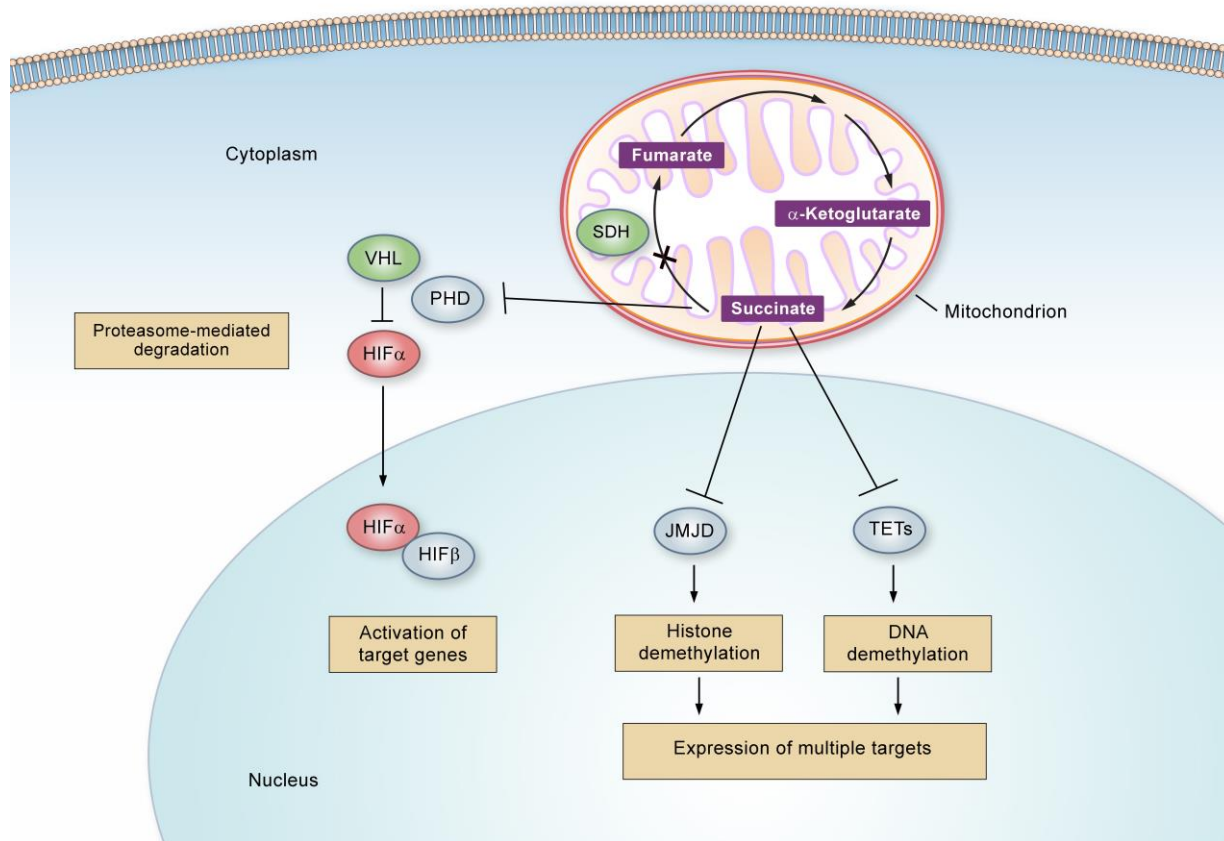


**NATIONAL  
CANCER  
INSTITUTE**

[www.cancer.gov](http://www.cancer.gov)

[www.cancer.gov/espanol](http://www.cancer.gov/espanol)

# SDH Deficiency Leads to expression of multiple targets



## Carney-Stratakis Syndrome :

- GIST, paragangliomas
- germline mutations in succinate dehydrogenase
- AD with incomplete penetrance

[www.nature.com/clinicalpractice/uro](http://www.nature.com/clinicalpractice/uro)

