

GIST Day of Learning March 10, 2018

Scottsdale, Arizona

0.00 8.00

Registration and Breakfast

9:00-9:30

Introductions and GIST 101

Laura Occhiuzzi - Life Raft Group Mahesh Seetharam, MD - Mayo Clinic Hospital, Phoenix Donald Northfelt, MD - Mayo Clinic Hospital, Phoenix

9:30-10:00

Surgical Management of GIST

Nabil Wasif, MD - Mayo Clinic Hospital, Phoenix

10:00-10:30

Pathologist Viewpoint: Discussion about Mutational Testing

Matt Zarka, MD - Mayo Clinio Hospital, Phoenix

10:30-10:45 Break

10:45-11:15

Role of Interventional Radiology in Treatment of Localized and Metastatic Disease

Scott Kriegshauser, MD - Mayo Clinic Hospital, Phoenix

11:15-11:45

Systemic Therapy in GIST Management: Discussion of Treatments, Promising Clinical Trials, and Immunotherapy Mahesh Seetharam, MD - Mayo Clinic Hospital, Phoenix Michael Gordon, MD - HonorHealth, Scottsdale

11:45 -12:15

Management of Drug Side Effects

Eric Yancey, Pharm.D - Mayo Clinic Hospital, Phoenix

12:15-1:00

Lunch and Patient Story

1:00-1:30

Panel Discussion

1:30-2:00

Q&A and Closing Remarks



March 10th, 2018

ABOUT GDOL

GDOL is a free one day event to help patients and caregivers learn more about this rare cancer, find support, and enhance their knowledge base to help them navigate their cancer journey.

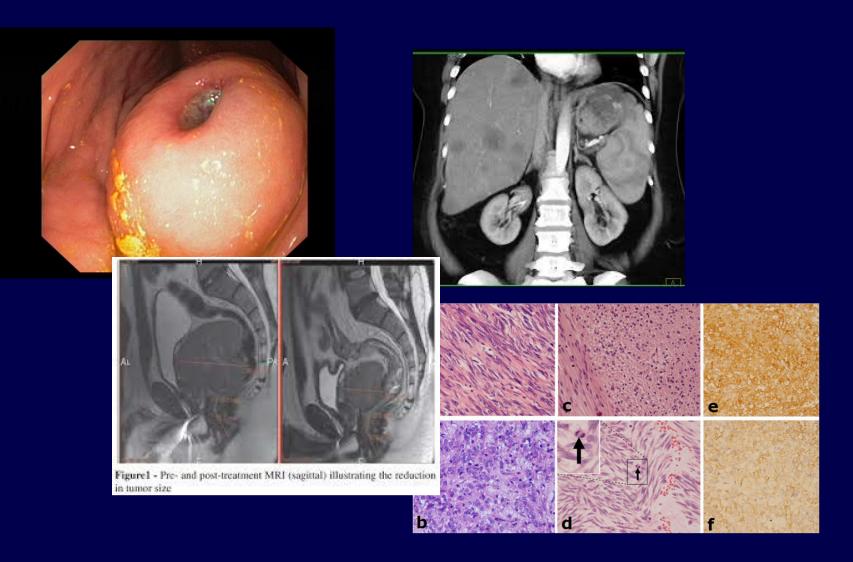
The Life Raft Group has a simple focus: to cure a form of cancer — GIST — and to help those living with it until then. To do this, the Life Raft Group focuses on three key areas: research, patient support & education, and advocacy, which lay the foundation of our mission to ensure the survival of GIST patients through a comprehensive approach connecting individual patients' needs, the worldwide community of GIST advocates and the global health and research environment.

LOCATION

Mayo Clinic

Taylor Auditorium 13400 E. Shea Blvd. Scottsdale, AZ 85259

The many faces of gastrointestinal stromal tumor



Overview

- GIST background and molecular biology
- Symptomatology
- Diagnosis
- Treatment options
 - Localized disease
 - Metastatic disease
 - Recurrent disease



What are gastrointestinal stromal tumors?

- Sarcoma of digestive supportive tissue
- Birth year: 2000
- Rare: 10/million, 4K-6K/yr (US)
- Average age: 50 yrs, M>W
- Arise from pacemaker cells of the digestive tract (Interstitial cells of Cajal)
- CD117 (KIT) expression
- Genetic factors can increase risk of GIST (Neurofibromatosis-1, carney triad)

Gastrointestinal Stromal Tumour

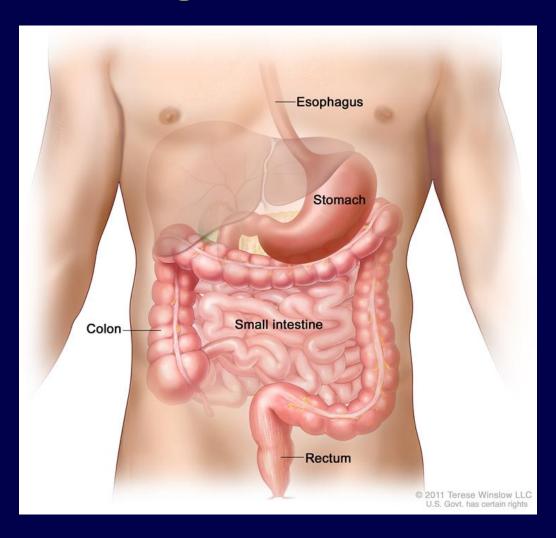
Gastric, Genes:

Interstitial cells of Cajal

Spindle cells
Submucosal mass

Tyrosine kinase receptor

GISTs can happen anywhere in the digestive tract

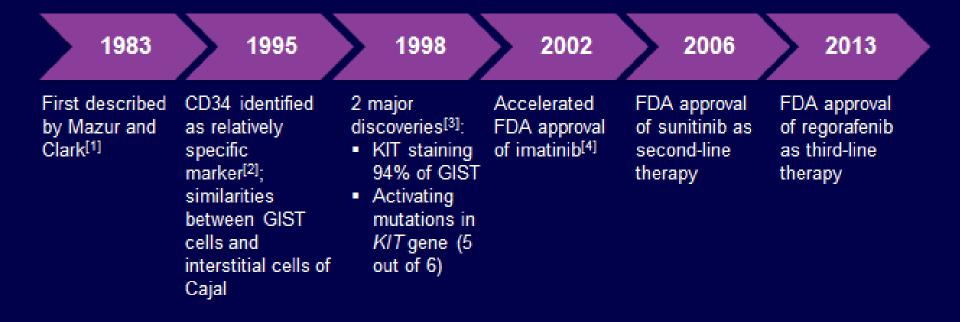


70%

20-25%

5-10%

GIST Timeline



Mazur MT, et al. Am J Surg Pathol. 1983;7:507-519.
 Miettinen M, et al. Am J Surg Pathol. 1995;19:207-216.
 Hirota S, et al. Science. 1998;279:577-580.
 Dagher R, et al. Clin Cancer Res. 2002;8:3034-3038.

Slide credit: clinicaloptions.com

What symptoms could be expected?

- Abdominal pain/pressure
- Nausea
- Bleeding
- Anemia
- Fatigue
- Intestinal obstruction



How is it diagnosed?

Blood test...anemia, iron deficiency, but no cancer marker

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"I'm going to refer you to some kind of ologist."

CT scan (*choi criteria)

- MRI scan
- PET/CT scan
- Endoscopic ultrasound (EUS)
- Endoscopy (EGD, colonoscopy)
- Biopsy: KIT and DOG-1 staining, mutation testing for KIT/PDGFR, SDH

Can my cancer spread?

- 1 in 5 can have metastatic disease at diagnosis
- Sites: abdominal cavity, liver, peritoneum
- Spread to lung, bone or brain is RARE
- Lymph node spread is more common in pediatric GISTs, pediatric type GIST in young adults.

What determines outcome?

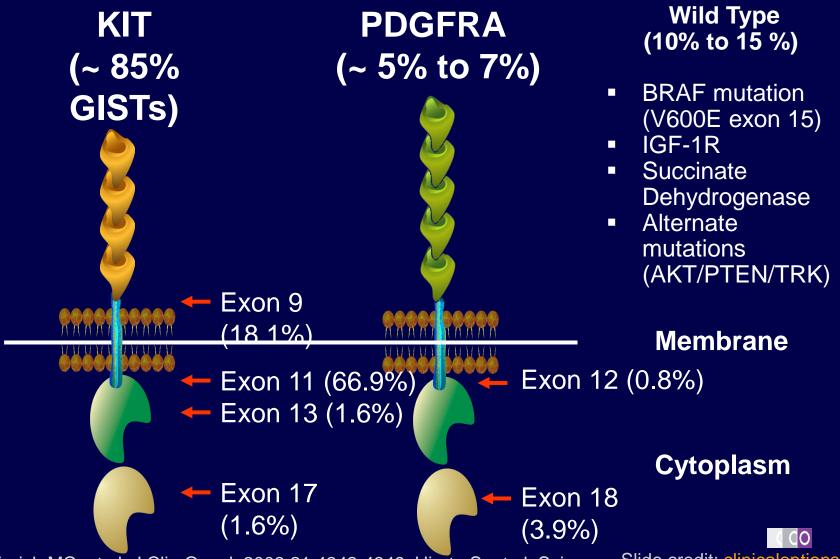
- Size of tumor
- Location (stomach vs. others
- Mitotic rate (high vs. low)
- Molecular/Mutation status
 - KIT vs. PDGFR
 - Wild type vs. SDH deficient



Figure I "You've got something unaffordable".

Note: Courtesy of Banx Cartoons/Financial Times, Thursday September 24, 2015, page 12, with permission.

Mutation, mutation, mutation



Heinrich MC, et al. J Clin Oncol. 2003;21:4342-4349. Hirota S, et al. Science. Slide credit: clinicaloptions.com 1998;279:577-580.

Why is mutation so important?

- Determine choice and dose of treatment
 - ➤ Neoadjuvant
 - ➤ Adjuvant
- Understand risk for family members
- Clinical trials

How long do I have to live?

- General survival rates (@ 5 yrs): NCI database
 - Localized disease: 91%
 - Locally advanced: 74%
 - Metastatic disease: 48%



Is my cancer treatable and curable?

- Depends on the stage, resectable vs. unresectable, risk category of disease
 - Operable: surgery (Dr. Wasif)
 - Low risk: no additional therapy after surgery
 - Intermediate or high risk: "adjuvant therapy" x 3 yrs after surgery
 - Locally advanced and not amenable to upfront surgery: medical treatment (such as Gleevec) before surgery

Primary GIST – Risk of Recurrence

		Size	Gastric (n=1055)	Jejunum/Ileum (n=629)	Duodenum (n=144)	Rectum (n=111)
1	Mitotic	≤ 2 cm	0%	0%	0%	0%
	Index	$> 2 \le 5$ cm	1.9%	4.3%	8.3%	8.5%
≤5 p	5 per 5 mm ²	> 5 ≤ 10 cm	3.6%	24%	Insuff. data	Insuff. data
		> 10 cm	10%	52%	34%	57%
N	Mitotic	≤ 2 cm	(None)	(High)	Insuff. data	54%
	Index	> 2 \le 5 cm	16%	73%	50%	52%
>5 p	per 5 mm²	> 5 ≤ 10 cm	55%	85%	Insuff. data	Insuff. data
		> 10 cm	86%	90%	86%	71%

Do I need chemotherapy?....NO



Chemotherapy Trials *Advanced GIST*

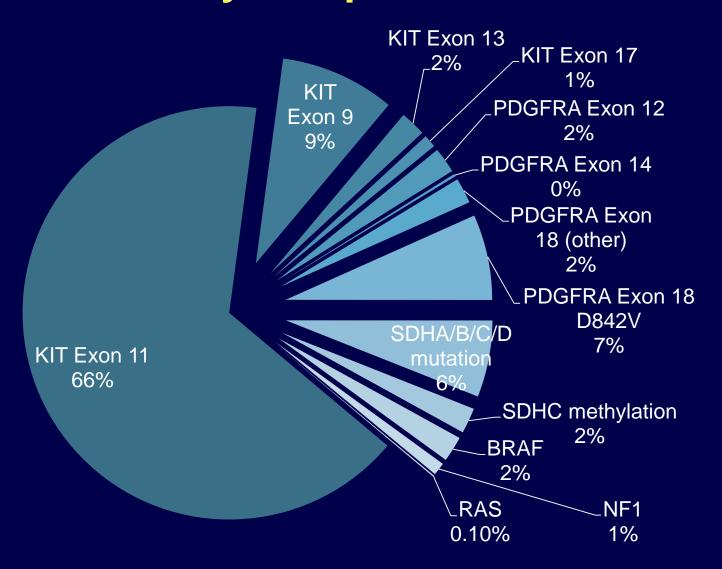
	Number of	Partial Response
Regimen	Patients	n (%)
DOX + DTIC	43	3 (7%)
DOX + DTIC +/- IF	60	10 (15%)
IF + VP-16	10	0 (0%)
Paclitaxel	15	1 (7%)
Gemcitabine	17	0 (0%)
Liposomal DOX	15	0 (0%)
DOX	12	0 (0%)
DOX or docetaxel	9	0 (0%)
High-dose IF	26	0 (0%)
EPI + IF	13	0 (0%)
Various	40	4 (10%)
DTIC/MMC/DOX/		
CDDP/GM-CSF	21	1 (5%)
<u>Temozolamide</u>	19	0 (0%)
TOTAL	280	19 (6.8%)

What are the approved treatment options?

- Imatinib (Gleevec)
- Sunitinib (Sutent)
- Regorafenib (Stivarga)



GIST molecular landscape has become very complicated



What are my chances of responding to treatment?

~ 20% of pts have unresectable/metastatic disease; > 40% of resected tumors recur and metastasize

Pre-imatinib

- Localized disease: 5-yr OS < 50%
- Metastatic GIST median OS: 5-12 mos
- With targeted therapy (post-2001)
 - Localized disease 5-yr OS: > 80%
 - Metastatic GIST median OS: ≥ 60 mos (presunitinib/regorafenib < 60 mos)
 - No difference between 400mg once vs. twice daily

What happens when imatinib stops working?

- Nearly one half of pts develop resistance to initial imatinib/targeted therapy within 2 yrs
- Primary resistance (within 6 mos, 10% to 15%)
 - KIT exon 17, PDGFR exon 18 mutations, BRAF, KRAS
- Secondary resistance
 - Acquired secondary mutations: usually in tumors with exon 11 primary mutation
 - Activation of alternate drivers/pathways:
 PI3K/AKT/mTOR, IGFR1

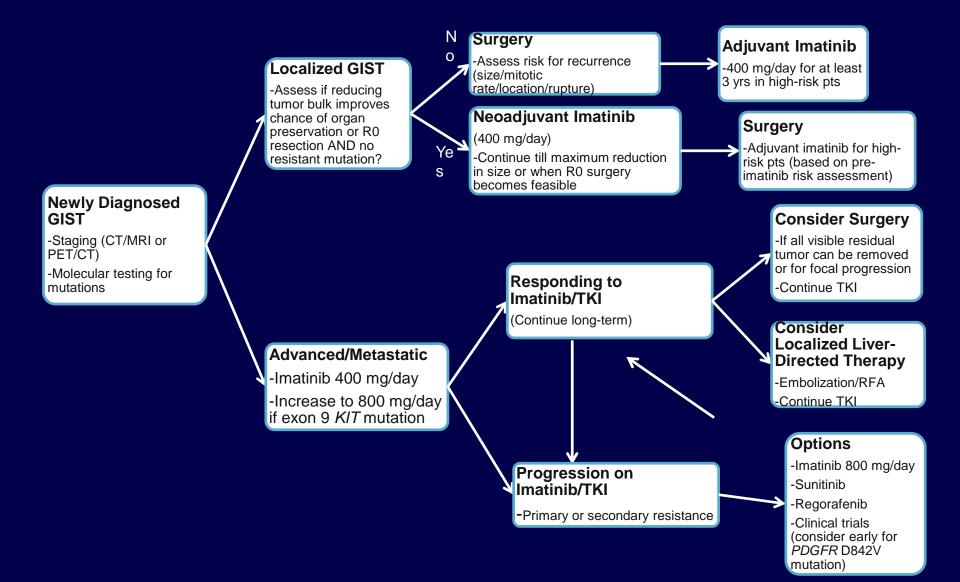
How effective are Sunitinib and Regorafenib?

Table 4 Key phase III randomized trials with tyrosine kinase inhibitors in patients with GIST									
Name of study	Setting	Ν	Randomized arms	s PFS/RFS	OS	Response rate			
ACOSOG Z9001 (41)	Adjuvant	713	1-year imatinib	1-year RFS 98%	HR =0.816; P=0.438	Not available			
			vs. placebo	vs. 83% (P<0.0001)					
SSG XVIII/AIO (29)	Adjuvant	400	1- <i>v</i> s. 3-year	5-year RFS 66%	5-year OS 92% <i>v</i> s.	Not available			
			imatinib	vs. 48% (P<0.0001)	82% (P=0.02)				
EORTC (52)	1 st line	946	400 vs. 800 mg	2-year PFS 56%	2-year OS 69% vs.	50% vs. 54%			
	metastatic		imatinib	vs. 50% (P=0.026)	74%				
North American Sarcoma	1 st line	746	400 vs. 800 mg	2-year PFS 50%	2-year OS 73% vs.	43% vs. 41%			
Intergroup study (S0033) (53)	metastatic		imatinib	vs. 53%	78%				
Demetri <i>et al</i> . (63)	2 nd line	243	Sunitinib vs.	Median 27.3 <i>vs</i> .	Median 72.7 <i>v</i> s.	Not available			
	metastatic		placebo	6.4 weeks (P<0.0001)	64.9 weeks (P=0.306)				
GRID (72)	3 rd line	199	Regorafenib vs.	Median 4.8 vs.	Same (HR =0.77;	76% vs. 35%			
	metastatic		placebo	0.9 months P<0.0001)	P=0.199)				
GIST, gastrointestinal stromal tumors; RFS, recurrence-free survival; OS, overall survival; HR, hazard ratio.									

What is known about SDH deficient and Wild type GIST?

- Common in younger patients
- W>M
- Absent KIT/PDGFR mutation
- Gastric GISTs, multilobular, multiple
- Poor response to Imatinib
- Proven responses to Sunitinib, Regorafenib
- Novel therapies: targeting HIF, VEGF pathways
- Local therapies: surgery, RFA/Embolization

GIST Treatment Algorithm



Summary

- GISTs are very heterogenous
- Understand the molecular/mutational abnormality
- Adjuvant imatinib improves progression free and overall survival
- Resistance to tyrosine kinase inhibitors is a problem
- Newer drugs in clinical trials will likely improve outcomes
- Need better understanding and treatments for wild type and SDH deficient GIST

THANK YOU!

