# Physician: "For your patients that experience side-effects while on Sutent, what advice do you provide for side-effect management?"

* If required, interrupt dosing and resume with dose reduction.
* Supportive measures when possible
* Depends on the type of side effects; local treatment for hand-foot syndrome, drugs for diarrhoea or nausea, substitution for hypothyreoidosis, drugs for hypertension etc. In some cases, e.g. if the patient experience much fatigue, I also consider to decrease the daily dose given from 37.5 mg to 25 mg.
* "prophy ondansetron as needed
* prophy loperamide as needed
* Use emollients and moisturizers on hands and feet
* Good shoes
* Use work gloves as needed
* Monitor bp
* Sunscreen
* Supportive care and drugs, sometimes temporary stop of sunitinib
* Decrease the dose
* Supportive care as appropriate for side effects e.g. Imodium for diarrhea, skin care for rash, anti-hypertensive agents for elevated blood pressure, synthroid for hypothyroidism. Fatigue tends to be more difficult to manage.
* Take enough time to prepare patients about what could happen and give very clear advice what to do - especially not to wait until activities of daily life are affected. Early skintreatment and individual dose management are absolutely crucial. Hypertension just needs fearless antihypertensive treatment - not discontinuation.
* "1. Keep in contact with the clinic  
  2.Depending on the side-effect we usually inform the patient what measures he can take at home, and this is in a written form  
  3.Returning to normal condition he re-takes the pill"
* Stop medication temporarily and discuss with nurse / physician for further dosing.
* Depends on the side effect.
* Depends on the side effects -1 ) for nausea or diarrhea consider taking at bedtime 2) for skin keep skin well-lotioned and avoid trauma/irritation 3) for mouth don’t use OTC mouthwashes which may worsen it - use salt/bicarbonate rinse - interestingly for those on continuous the symptoms can wax and wane with no dose change.